



For more information visit
www.respond.org.uk

Community based services for children and adults with
learning disabilities

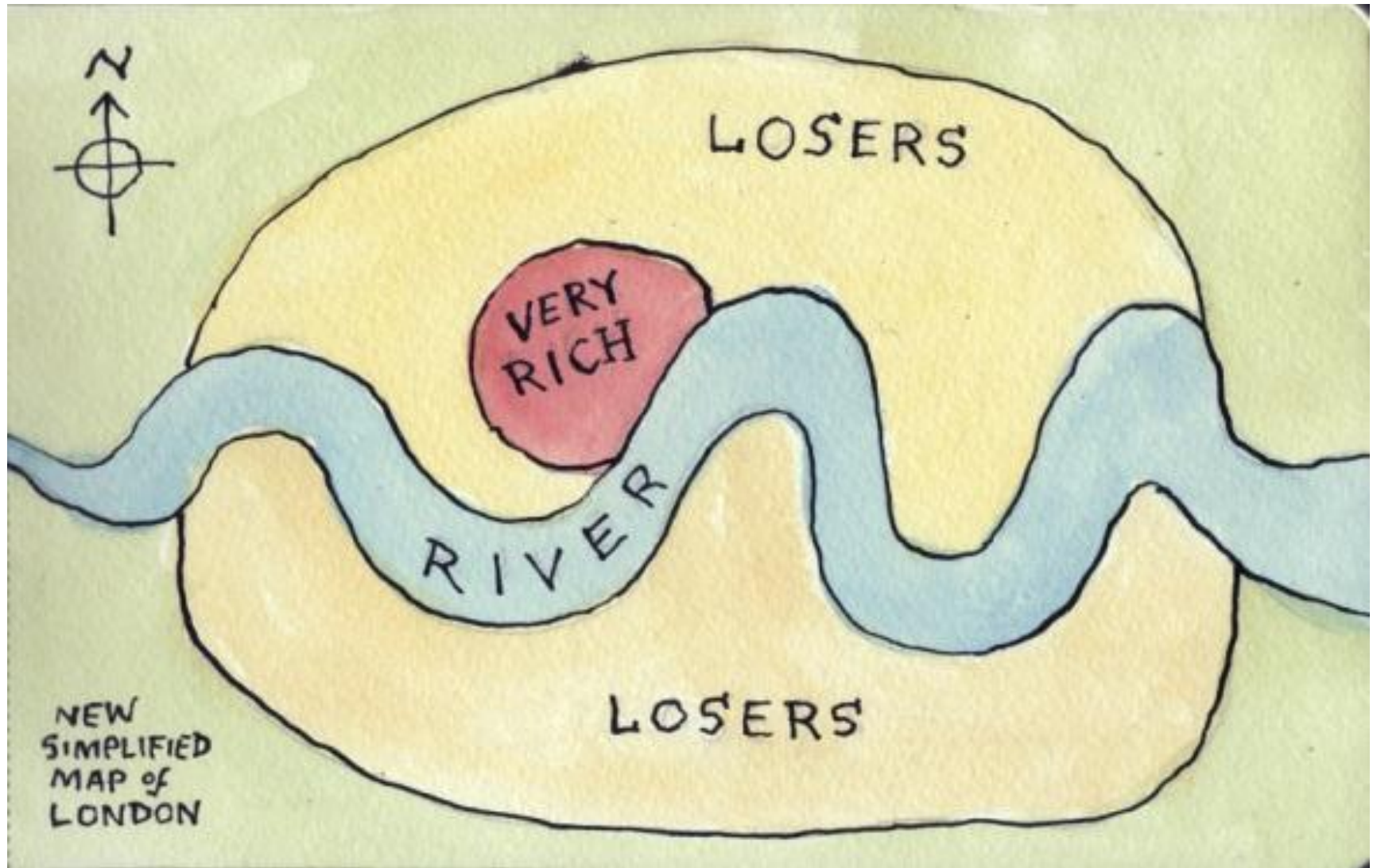
RESPOND
from hurting to healing

Forensic services and people with a learning disability

Richard Curen

Consultant Forensic Psychotherapist

Forensic Services?



What do we mean by Forensic?

- Relates to a crime

Forensic Patients are often:

- People who are not guilty due to mental illness
- People unfit for trial

Forensic LD population

- Mainly mild to borderline range
- Autistic Spectrum Disorder & ADHD
- Dual diagnosis with psychiatric disorders
- Violent to self and/or others
- Arson and sexual offences most common
- Sexually harmful behaviours/Paraphilias
- Previous long-stay hospital residents/admissions
- Community services struggle

From Secure to Community

- Falling between the cracks

- Revolving doors



- Spiralling costs



Case Study - John

- 30 year old man with Mild LD
- Sexually abused by uncle aged 12
- Aged 16 sexually assaulted a 10 year old girl
- Probation order
- Aged 22 alleged rape of woman
- Homeless then living in hostel
- Hundreds of calls to sexual abuse Helpline as victim, perpetrator and witness
- Risk assessment and Treatment

Published today

Ministry of Justice Statistics Bulletin National Offender Management Service Offender Equalities - Annual Report 2013/14

‘There were several areas where data are unavailable for some protected characteristics. Data coverage for sexual orientation and religion and belief continue to be very limited in many areas, and thus cannot be published. Disability data for offenders also continues to be limited. Efforts are being made to improve the coverage of these data.’ (p.24)

What's the scale of the problem?

What works?

- Feeling less isolated
- Being thought about and included

What doesn't work?

- Lack of resources
- Reactive not Proactive responses

Case Study - Frank

- Concerns about unusual sexual behaviour
- Risk Assessment
- Treatment recommended
- 4 years later attempted rape
- Detained at secure hospital for 3 years
- Treatment is on and off site
- Future?

The support network as integral

Mental health services

Social worker



YOT officer

Respite carers

C.L.D.T

Residential care

Families

Friends

Schools

The support network



- Therapy works alongside the client's support network
- Therapy brings change to relationships between the client and their network
- Members of the network are supported to understand their role in bringing about relational change.

What hinders success

- Lack of motivation
- Committing an offence
- Sabotage by family and/or staff
- Psychotic breakdown
- Victim issues become too intense
- Problems with attendance
- Minimising offences
- Lack of real engagement

How Respond can help

- Work with Families and Professionals
- Specialist training opportunities
- Regular supervision and support
- Recognition by management of effects on staff
- Clear policies around complex issues
- Recognition of effects of the work/burnout
- Confidence that systems and policies are fit for purpose

Please contact us

24-32 Stephenson Way

London

NW1 2HD

020 7383 0700

admin@respond.org.uk

www.respond.org.uk